



6 Pillars of Character

Trustworthiness: integrity, honesty, promise-keeping, loyalty

- Always pursue victory with honor
- Demonstrate and demand scrupulous integrity
- Observe and enforce the spirit and letter of rules
- Don't engage in or tolerate dishonesty, cheating or dishonorable conduct
- Don't compromise education and character developmentally goals
- Stress education and character-building goals
- Strive to develop and demonstrate good character and high ethics

Respect: courtesy, autonomy, dignity, diversity, Golden Rule

- Treat the traditions sports and other participants with respect
- Don't engage in or tolerate disrespectful conduct including verbal abuse of opponents and officials, profane or belligerent trash talking, taunting, or unseemly celebrations
- Win and lose with grace and dignity

Responsibility: duty, accountability, pursuit of excellence

- Be a positive role model on and off the fields and require the same of your athletes/teammates
- Strive to enhance the mental, social and moral development of yourself and your athletes. Teach them positive life skills to help them become personally successful and socially responsible.
- Maintain competence including basic knowledge of: 1) character-building, 2) first aid and safety principles, and 3) coaching principles, rules and strategies.
- Live up to your leadership skills
- Maintain a healthy balance academically, socially and athletically

Fairness: openness, consistency, impartiality

- Adhere to high standards of fair play
- Treat players/teammates/opponents fairly according to their abilities
- Never take unfair advantage
- Be open-minded

Caring: kindness, compassion, empathy

- Assure that the academic, emotional, physical and moral well being of athletes is always placed above desires and pressures to win
- Play safe – never intentionally injure any player or engage in reckless behavior that might cause injury to yourself or others.
- Help safeguard the health and well being of teammates by positive counseling and encouragement

Citizenship: lawfulness, common good, environment

- Avoid gamesmanship and promote sportsmanship in honor of rules and goals of the sport
- Establish codes of conduct for coaches, athletes, parents, spectators, and other groups that impact the athletic program
- Safeguard the health of athletes and the integrity of the sport by discouraging use of alcohol and tobacco and demanding compliance with all laws and rules including those relating to the use of drugs.
- Abide by the spirit of the rules regulating your sport and codes of conduct